Referral Services

Referrals to a specialist or another Medical Treatment Facility requires an appointment and evaluation by your primary care manager. Referrals are processed through the Managed Care Division's Referral Branch in building 36027, across from Carl R. Darnall Army Medical Center's main entrance. To inquire about your referral, call 553-1846.

Laboratory Services

Basic laboratory services are available at Copperas Cove Clinic. Special tests are done at Carl R. Darnall Medical Center's laboratory.

Copperas Cove Family Care Clinic Laboratory Hours Monday - Friday 8 - 11:45 a.m. and 1 - 3:45 p.m.

Radiology Services

The clinic offers basic radiology services. Special tests are done at Carl R. Darnall Medical Center's Radiology department.

Copperas Cove Family Care Clinic Radiology Hours Monday - Friday 8. - 11 a.m. and 1 - 4 p.m. closed 3rd Thursday of each month

Self-Care Classes

Through the Self-Care Program, you can attend a class and receive a card that allows you to receive free, limited quantities of over-the-counter medications at Darnall's pharmacies. Just attend one class. To enroll, call Appointment Services, **288-8888**.

Health Care Information

The best source for information about your health is your primary care provider. However, when he or she is not available, there are numerous other sources for health care information. Darnall's Population Health Clinic, on the third floor of the medical center, is an excellent

resource center. All of Darnall's clinics have a variety of educational materials and brochures. The TRICARE Service Center, in building 36023 across from Darnall's main entrance, has a large supply of educational and informational brochures. If you prefer to use the telephone for information, call: Humana Audio Health Library, 1-877-217-7946, or TRICARE Information Service, 1-800-DOD-CARE.

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Carl R. Darnall Army Medical Center Web Site

Carl R. Darnall Army Medical Center's web site has useful information about our services, hours of operation, clinics, TRICARE, and more. It has special sections for Soldiers and families. You can request an appointment and request prescription refills online. If you are looking for information about Carl R. Darnall Army Medical Center, its clinics, and other health care subjects, visit our web site at

www.hood-meddac.army.mil

Important Phone Numbers

Appointments 288-8888

Copperas Cove Family Care Clinic 542-3080

Cancel Appointments 288-7777

Health Benefits Advisor 288-8155

Refill Pharmacy 288-8911/8912

Traveling

Urgent Care Authorization 1-800-305-6421

Emergency Care

Go to the nearest Emergency Room and keep your receipts



Carl R. Darnall Army Medical Center Public Affairs & Marketing Office FH MDA HO 421 15 NOV 2006





Welcome



Welcome to the Copperas Cove Family Care Clinic and thank you for choosing our clinic for health services. Cove Clinic serves the family members of soldiers assigned to Fort Hood, as well as military retirees and their families.

The clinic is in the shopping center at 819 East Highway 190 in Copperas Cove.

When you enrolled in TRICARE Prime, you were given a Primary Care Manager (PCM) by name. The Patient Appointment Service (288-8888) will always attempt to give you an appointment with your PCM. When your PCM is deployed or otherwise unavailable, your appointments will generally be with a member of your Primary Care Manager's team.

Copperas Cove Clinic Hours

Monday - Friday	
Weekends & Holiday	sCLOSED

On weekends and holidays, call for appointments, 288-8888, from 7 a.m. to noon, and go to the Family Medicine Residency Center at Carl R. Darnall Army Medical Center.

TRICARE

TRICARE is the source of health care for all military beneficiaries. It is free for active-duty personnel and their families. Although you have access to the best health care in the world, there are some important restrictions. Please be sure to read your TRICARE information given to you at the TRICARE Service Center. It provides you with important information about your responsibilities when you seek health care from sources other than military facilities and your responsibilities when you are away from Fort Hood and need health care.

Women's Health

Primary care providers at the Cove Clinic have routine appointments for pap smears, gynecological problems, and contraceptive counseling. Please call Patient Appointments, **288-8888**, or make an appointment online at www.hood-meddac.army.mil

Women who intend to become pregnant should take prenatal vitamins before becoming pregnant to reduce the risk of birth defects. Prenatal vitamins are available at any Family Medicine Residency Center or Troop Medical Clinic.

All pregnant women (active duty and family members) are cared for at Carl R. Darnall Army Medical Center's Women's Health Center or the Darnall Family Medicine Residency Center. If you have a positive home pregnancy test or a positive lab pregnancy test, call the Women's Health Center, **286-7780**, to start your pregnancy care.

At Carl R. Darnall Army Medical Center, pregnancy tests are done on a walk-in basis from 8 a.m. - 4 p.m.

At the Copperas Cove Family Care Clinic pregnancy tests are available on a walk-in basis Monday, Tuesday, Wednesday, and Friday 8

a.m. - 3:30 p.m. and on Thursdays 8 a.m. - noon and 2:30 - 3:30 p.m.

Well Baby & Child Exams

Pediatric care for children from birth to 18 years of age is available from your primary care provider. Children receive a comprehensive examination and immunizations during well child visits. Bring medical records and all shot records to the appointment. Call **288-8888** for an appointment or make an appointment online at www.hood-meddac.army.mil

School & Sports Physicals

Appointments for school and sports physicals are set aside each summer for school children. Once the academic year starts, school and sports physicals are available by scheduling a routine appointment with your primary care provider. Please bring all necessary school forms with the medical records and shot records.

Immunizations

Make a Well Baby appointment for children under age 5. Immunizations for patients 5 and over can be accommodated on a walk-in basis, Monday thru Friday 8-11 a.m. and 1-4 p.m. Active-duty service members get their immunizations at the Soldier Medical Readiness Center.



Minor Surgery

Treatment of boils, abscesses, warts, and skin biopsies are examples of just a few of the minor surgical procedures available at the Bennett Health Clinic. Check with your primary care provider for more information. Appointments are scheduled for minor surgical procedures.

Pharmacy Services

The Copperas Cove Family Care Clinic pharmacy is located in the lobby of the Copperas Cove Family Care Clinic. A current military identification card is required to fill all prescriptions for individuals 10 years and older. Refills must be called in to the phone-in Refill Pharmacy, or requested online, www.hood-meddac.army.mil.

Copperas Cove Family Care Clinic Pharmacy Hours Monday - Friday 8 a.m. - noon and 1-5 p.m.

Weekend Acute Care

For health care on weekends and holidays, the Department of Family & Community Medicine (DFCM) beneficiaries can walk into the Family Medicine Residency Center located at Carl R. Darnall Army Medical Center.

Family Medicine Residency at Carl R. Darnall Army Medical Center Weekend Acute Care Hours

Sat., Sun., and Holidays 8 a.m. - 10 a.m. & 1 p.m. - 3 p.m.

Active-Duty Sick Call Sat., Sun., and Holidays 8 - 10 a.m.